



Discovering the Possibilities

Tips for Program Coordinators and Mentors

Whether you are a program coordinator or mentor, 'Discovering the Possibilities' is a great opportunity to begin the conversation about continuing education after high school with your mentee. These activities create the chance to help your mentee really discover what the possibilities are for their future. Here are a few tips before beginning this journey:

1. **Have a rapport with your mentee beforehand:** This curriculum should only be explored with a mentee that you have a rapport with. The mentee should feel comfortable with talking about their future and goals. If you don't think the mentee will be open and receptive to this type of conversation, wait until your relationship develops to engage in this activity.
2. **Take your time:** Go at your own pace. Each activity should not be rushed, allow for conversations to flow naturally so it doesn't feel like an assignment. Take about 90 minutes or more for each activity.
3. **Space out the curriculum:** Spread out the activities when meeting together. Doing back to back sessions may feel like this is schoolwork for your mentee. So I recommend one meeting engaging in one 'Discovering the Possibilities' activity and the next session doing a fun activity like ice skating, basketball, pottery, etc.
4. **Be prepared:** Read and go through the activity before doing the activity with mentee. You want to be prepared and familiar with the information first. It makes the activity and interaction a lot smoother.