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## CONFERENCE SCHEDULE

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### Opening Plenary

🕒 9:00 – 9:30 AM

#### Mentoring Can Do That!

*Trends and Information*

#### Plenary Overview:

East Coast MENTOR Affiliate Leaders discuss how infusing mentoring practices can help communities address some of the most complex challenges we are facing with young people. Get insight into trends communities are experiencing across the East Coast and practical solutions for connections.

### Featured Masterclass

🕒 9:30 – 11:00 AM

#### Engaging Young People in A Time of Disconnection— *Practical Strategies that Work* Led by Rebecca Winthrop, Author of the *Disengaged Teen*

#### Session Overview:

This interactive masterclass explores why students disengage—and more importantly, what you can do about it. Rebecca Winthrop, drawing from her research in *Disengaged Teen*, will share a practical, actionable playbook designed specifically for mentoring and youth professionals working with middle and high school students.

You'll gain:

- A deeper understanding of the root causes of disengagement
- Clear connections between youth engagement, relationships, and technology
- Proven, real-world strategies you can apply immediately

### Closing Plenary Panel

🕒 11:00 – 11:45 AM

#### Beyond the School Walls- *The Power of Parent & Caregiver Engagement*

#### Session Overview:

This dynamic panel explores the **critical role parents and families play in student engagement**—and the real challenges schools and programs face in building authentic partnerships with parents and caregivers.

Panelists share lived experiences, barriers, and bright spots, helping participants rethink traditional approaches to family engagement.

### Closing Forum: Reflections & Questions

🕒 11:45 AM – Noon

**Session Overview:** Participants will share insights.

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